

GNHL Constitution

March 2022

Article 1- League Name

This organization shall be known as the Glanbrook Non-Contact Hockey League and referred to herein as the G.N.H.L. or GNHL.

Article 2- Aims and Objectives

1. To promote, fun, recreation, fellowship and competitive play.
2. To promote, organize and to control team competition in the area of operation to the maximum of playing accommodation and financial resources, these to be referred to as the Executive Board.
3. To sponsor and promote such athletic, social and other activities as may contribute to the finances of the organization.

Article 3- Executive Board Authority to Suspend

The GNHL Executive Board shall have authority to ask for the resignation or to suspend any member of the executive or players who do not conduct themselves in the best interest of the GNHL.

Article 4- Membership

1. Provided there are player openings, membership is open to male residents over the age of 25 as of September 1st of the registration year that meet at least one of the following criteria:
 - Property owners within the boundaries formerly known as the Township of Glanbrook
 - Played minor/junior hockey in Glanbrook
 - Grew up in the area formerly known as the Township of Glanbrook
 - *The executive reserves the right to review and prioritize player applications based on but not limited to the above criteria and “fit for the league and its values”.
2. Non-residents who have signed as of September 1, 1977 shall retain their eligibility provided that their membership is paid each consecutive year.
3. Returning members are required to provide their contract and cheque for the next season by the date of the first playoff game of the current

- season. Cheques may be postdated, but no later than June 1st. Any returning member who submits their contract and cheque after this date, but prior to June 1st, will be subject to a \$25.00 surcharge on their league fees. Any returning member who has not submitted his contract and cheque by June 1st will not be drafted and will be returned to the Waiting List. Members that request exemption MUST provide a written letter to the Treasurer explaining their need for exemption or extension.
4. Should an active member elect to be non-active due to a leave of absence, a membership fee of \$25.00 MUST be paid to the Treasurer by June 1st. The member will be able to renew his active status ahead of those on the Waiting List at the first opportunity of a vacancy.
 5. Any current active members of the GNHL for ten (10) years or more may apply to have his son/son-in-law enter the GNHL provided the son/son in-law will turn the age of 25 within the upcoming regular GNHL season. The son/son-in-law must have been a resident/property owner in the area formerly known as the Township of Glanbrook. The son will be placed at the top of the Waiting List and the son-in-law going to the bottom of the list unless he was/is a resident. The son/son-in-law will then be placed onto the same team as his father/father-in-law in the first year of eligibility. The option of playing together on the same team after the first year will be that of the Father/Son, Father-in-law/Son-in-law. NOTE** If the father-in-law leaves the GNHL prior to the son-in-law becoming a GNHL member, the son-in-law will be removed from the waiting list unless he is a resident of Glanbrook.

6. Long Term Absence (More than six games)

During the season, an active member can elect to be placed on the Leave of Absence or Injury list. The member MUST sign a Leave of Absence Request Form and will not be allowed to participate in any games for the remainder of the season. This member MUST be replaced by:

1. The first member on the Injury or Leave of Absence List, of similar ability, able to return to active status.
2. The first member from the Waiting List, of similar ability, whose name is closest to the top of the list.
3. The member will be reimbursed \$10.00 per game, from the date that the Leave of Absence Request Form was signed, minus the \$25.00 membership fee. The replacement player will pay \$15.00 per game.
4. No reimbursement of membership monies will be issued to the member after Game #18.
5. Replacement players will return to their position on the Waiting List at the end of the regular season.

6. Short Term Absence (1-6 Games)

1. Should a team rep be made aware that his team will have less than 10 skaters, prior to Sunday, he is to contact the Vice President and request replacement players.
2. Team reps are to notify the Vice President for replacement goalies.
3. If a team is short of having 10 skaters on game day, the team rep may ask another active league member of equal or lesser draft row ability to play another game. No member may play in more than two (2) GNHL games on any given Sunday. The member will not pay to play in this game. The stats accumulated will not be added to the member's season stats. Any penalties or suspensions will be binding to all GNHL play.
4. Should a member be aware that he will be absent for more than three (3) consecutive games, he **MUST** notify his team rep of the anticipated absence. The team rep will notify the Vice President and a player of similar ability will be assigned to replace the absent member. Should the member's absence be shortened, he **MUST** wait the balance of three weeks before returning. Should the absence be extended, the **LONG TERM ABSENCE** policy will take affect.
5. No replacement player(s) may be used after Game #18 unless there is a season ending injury to a member(s).

8. Injury List

1. Members are to inform the Vice President of their injury status and may request a replacement on the Injury List.
2. The Injury List is designed for long-term injuries.
3. Members injured during the season will have to sign a Leave of Absence Request Form in order to be considered for fee reimbursement.
4. A member may only stay on the Injury List for the current year and the following year. Should the injury require further healing time, the member **MUST** submit a written request to the Vice President outlining their need, for further consideration. The matter will be reviewed at an Executive meeting and a decision will be made on the status of their request.

9. Leave of Absence List

1. Members MUST submit a written request to the Vice President along with a cheque for \$25.00 to be considered for the Leave of Absence List.
2. No member may stay on the Leave of Absence List for more than one season, unless a spot is unavailable for them the following year. Should this occur, another \$25.00 fee will be required to remain on the Leave of Absence List. The member may choose to be placed at the bottom of the Waiting List if they do not want to pay the \$25.00 membership fee.
3. Any member on the Leave of Absence List that fails to pay the \$25.00 membership fee by June 1st, will be placed at the bottom of the Waiting List.

10. Waiting List

1. Male residents or property owners in the former Township of Glanbrook over the age of 25 may submit in writing an application for acceptance into the league. The application is to be dated and acknowledged by an Executive Board member.

11. Vacancies

1. Members from the Injury List
2. Members from the Leave of Absence List
3. Eligible persons from the Waiting List

Article 5- The Executive Board

The GNHL Executive shall consist of a President, Vice President, Treasurer, Secretary and Past President. The Executive Board shall also include eight (8) Team Representatives that shall have equal voting status. The term of their positions will be from June 1st until May 31st of the following year.

1. Current league members shall be allowed to run for Executive Board position provided that the following conditions are met:
 - Current league members who have served two (1) years on any previous GNHL Executive Board may qualify for any position on the Executive (President, Vice President, Treasurer, Secretary).

- To be eligible to be a Team Representative, a member must have been an active member in the league for the previous two (2) years.

Article 6- Duties of the Executive Board

President

1. Shall chair all meetings
2. Shall be a Signing Officer for the league
3. Exercise the powers of the Executive in case of emergency
4. Is an Ex-Officio voting member of all committees

Vice President

1. To fulfill the duties of the President in his absence
2. To administer the Injury List, the Leave of Absence List, and the Waiting List
3. To provide replacement players as notified by team reps
4. To provide replacement goalies
5. Be a voting member of the Executive

Treasurer

1. To receive all money paid into the league and to keep an accurate record of the same, as well as all monies disbursed.
2. To maintain an account in a Chartered bank in the name of the league, into which all of the money from the league is to be deposited and from which all disbursements are to be made.
3. All cheques issued by the league MUST be signed by the Treasurer AND either the President, Vice President, or Secretary.
4. To provide a current financial report at each Executive meeting.
5. To have the financial books of the league audited annually.
6. To be a member of any budget committee.
7. To assign an Executive Board member to chair each social event and be solely responsible for the finances of the social event.
8. To fulfill the duties of the President when the President and the Vice President are absent.
9. Be a voting member of the Executive.

Secretary

1. To record all minutes of the league.

2. To fulfill the duties of the President when the President, the Vice President, and the Treasurer are absent.
3. Be a voting member of the Executive.
4. To post all notices pertaining to league business.
5. To maintain all documents relating to operational and administrative matters.

Team Representatives

1. Shall report all known team and league problems to the Executive.
2. Shall report to team members all information delivered during Executive meetings.
3. Provide the Treasurer with a written report at the end of the season on monies received from replacement players which will include the replacement player's name and date(s) played.

Article 7- Election of the Executive Board

1. Elections will be held for the positions of President, Vice President, Treasurer, Secretary, and eight (8) team representatives. The vote will occur in the above listed order. Members present at the Annual General Meeting may vote.
2. Eligibility for Executive Board positions are as stated in Article 5.
3. The President or designate shall appoint two (2) scrutineers prior to the annual meeting.
4. Executive Board nominations will be received from the floor at the Annual General Meeting or by written submission to the President prior to the Annual General Meeting.
5. The President will furnish a list of members from past/present Executive Boards eligible for the position of President, Vice President, Treasurer and Secretary.
6. A member may stand for more than one position, but not hold more than one position in any particular year.
7. All nominations will be confirmed by the nominee.
8. Elections will be conducted in a recognized manner and voting will be done by secret ballot. A majority will carry. In the event of a tie, the ballots will be destroyed, and a second vote will be held by secret ballot.
9. The Secretary will prepare and provide ballots should a voting process be required.

Article 8- Annual General Meeting (AGM)

1. The Executive Board will set a date, time and location for the Annual General Meeting and election of the Executive Board. A notice shall be posted at least one month prior to the Annual Meeting.
2. A written, audited, financial statement will be available to the membership.
3. Proposed changes to the Constitution MUST be submitted, in writing, to the GNHL Executive for review at least two (2) weeks prior to the Annual Meeting.
4. Subject to the review of the Executive Board, changes to the Constitution shall be voted on by the members present.
5. A member that wishes to have a matter addressed on the agenda shall submit a written request two weeks prior to the Annual Meeting.
6. The President shall provide a report of the league activities for the current year.
7. A “quorum” for the GNHL is 24 members (Executive times two). A quorum MUST be obtained to make any constitutional changes or to hold any vote during the Annual General Meeting.
8. The agenda for the Annual Meeting shall follow parliamentary procedure:
 - Reading of Notice of Meeting
 - Minutes of previous Annual Meeting
 - Report of the President
 - Report of the Vice President
 - Report of the Treasurer
 - Unfinished Business
 - Election of the Executive Board
 - New Business
 - Adjournment

Article 9- Constitution Changes

1. Changes to the Constitution may be made only at the Annual General Meeting
2. All approved constitutional proposals submitted by members will be presented at the Annual General Meeting.
3. A two-thirds majority vote of the members present is required to create a constitutional change.
4. Constitutional change proposals will be posted prior to the Annual Meeting.
5. Rule changes that apply to on-ice play are not constitutional changes. The Executive has the authority to make playing rule changes found in Article 14.

Article 10- Changes in League Rules

1. Any quorum of seven (7) Executive members shall be required to change any League Rules.
2. A two-thirds majority vote is required to create a change.

Article 11- Executive Board Meetings

1. All meetings MUST be conducted and chaired by the President, Vice President, Treasurer and/or Secretary.
2. There must be two Executive members present to hold an Executive Board Meeting.
3. Majority will rule on all voting matters, other than League Rule changes in Article 14.

Article 12- Financial Statements

1. The Treasurer will report on the financial status of the league at all Executive Board Meetings.
2. The Treasurer will prepare a written report on the financial status of the league and make copies available to all members present at the Annual General Meeting.
3. The fiscal year for the GNHL will be June 1st of the current year to May 31st of the following year.

Article 13- League Funds and Expenses

1. All league funds will be used for league business only.
2. All league funds remaining and year end will be carried forward to the following year.
3. The GNHL Executive will set the registration fees each year.

Article 14- League Rules

1. The GNHL shall be governed by the rules of the C.A.H.A unless otherwise listed below.
2. The GNHL is a non-body-contact league.
3. The use of alcohol prior to league play by any members will result in the member being ineligible to play on the date of the incident.
4. All members will be assigned a sweater number and team socks. Issued uniforms are to be worn during all league play. Goalies are exempt from this rule. Team Reps are to report any sweater number changes to the timekeeper prior to the game. Replacement players are to wear the sweater assigned as the Spare Sweater.
5. All members of the league MUST wear a CSA approved head gear, which shall include a helmet with a permanently attached full cage, half cage, full visor or half visor and a mouth guard, internal or external, MUST be worn.
6. Hockey pants that allow use of regular exterior hockey socks MUST be worn.
7. Each Team Rep is to assign a captain and two assistant captains. Only those wearing the captain's "C" and the assistant captain's "A" will be permitted to speak to the officials.
8. A double minor penalty will result in the ejection of the member for the remainder of the game followed by a one game suspension. A ten (10) minute misconduct penalty will be equal to a double minor penalty and follow the rules as above. Should a goalie be assessed a double minor or misconduct penalty, he will finish the game and serve a two (2) game suspension.
9. Any intended assault on an Official will result in immediate expulsion from the GNHL.
10. Major penalties can be assessed for Fighting, Hitting From Behind, Spearing, High Sticking, Kneeing, Intent to Injure, Throwing a stick from

behind the bench areas, Unsportsmanlike Conduct, Abuse of Officials, Joining a two (2) person confrontation, Leaving the penalty box to join a confrontation, Leaving the bench to join a confrontation.

11. A major penalty will carry an automatic three (3) game suspension, as well as ejection from the game. A goalie will be allowed to finish the game followed by a four (4) game suspension. The Suspension Review Committee will investigate all suspensions and be empowered to assess the length of suspension and possible expulsion from the League.

12. A Suspension Review Committee will comprise of three (3) members of the Executive and an alternate. Each suspension will be reviewed in detail by the committee and their decision is final. The decision will be delivered to the member in writing. All suspensions will be served in consecutive games.

13. Any penalties issued by an official for incidents that occur after the final buzzer will result in the member being suspended for their next game and a review by the Suspension Review Committee.

14. Any contact with the members stick and the puck over the member's shoulder will result in a minor penalty. The on-ice officials MAY issue a minor penalty to members that carry their sticks above the shoulders.

15. A member that receives three (3) minor penalties in a game will be ejected from that game. This increases to four (4) minor penalties during playoff games.

16. When the goaltender has control of the puck and a member from the opposition contacts the goalie or any part of his equipment, the referee will indicate that the face off will take place outside the blue line.

17. Should a member wish to discuss operational issues of the GNHL with the President, he may do so by notifying the President of his intentions and the President will contact another member of the Executive Board to be present during the discussion.

18. Each Team Rep and Executive Member shall have a copy of the Constitution available for any member of the league to view.

19. Championship Game will be comprised of:

- A. Five (5) minute warm-up followed by introduction of the teams.
- B. Three (3), fifteen (15) minute stopped time periods with a flood in between periods.

Article 15- Playoff Structure

1. **Regular Season** tie breaker system shall consist of;
 - a. Most wins
 - b. Head to head play between involved teams
 - c. Goals for/against each other
 - d. Goals for/against season totals
 - e. Coin toss

2. **First Round** of playoffs
 - a. 1st Game 5th vs 4th
 - b. 2nd Game 6th vs 3rd
 - c. 3rd Game 7th vs 2nd
 - d. 4th Game 8th vs 1st

3. In the event of a tie at the end of regulation time, a five (5) minute straight time, sudden death period will occur. Should the tie remain unbroken, another full game(s) will take place prior to the semi-final games.

4. **Semi-final** playoffs
 - a. 1st Game 3rd vs 2nd
 - b. 2nd Game 4th vs 1st
 - c. Two (2) twenty (20) minutes stopped time periods

5. Championship Game
 - a. Five (5) minute warm-up followed by introduction of the teams.
 - b. Three (3), fifteen (15) minute stopped time periods with a flood in between periods.